



# KNA – Fast 5 Season Information 2025

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## KNA Officials

Position	Name	Mobile	Email
Fast 5 Season Convenor			
Spring Season Registrar	Tanya Sinclair	0404 817 363	<a href="mailto:knareg@kna.com.au">knareg@kna.com.au</a>
KNA Grading Convenor	Kissane Gray	0419 419 469	<a href="mailto:knagrad@kna.com.au">knagrad@kna.com.au</a>
Fast 5 Umpires			<a href="mailto:knaump@kna.com.au">knaump@kna.com.au</a>
KNA Fixtures Convenor	Katie Bonjer	0412 093 748	<a href="mailto:knafixt@kna.com.au">knafixt@kna.com.au</a>
Administration Manager	Lee Field		<a href="mailto:accounts@kna.com.au">accounts@kna.com.au</a>
KNA Secretary	Helen Pratt		<a href="mailto:knasec@kna.com.au">knasec@kna.com.au</a>

## Competition Supervisors

Afternoon / Night	Courts	Supervisor	Mobile #
Thursday night	Canoon Road	TBC	

## Player Registrations

The following rules apply:

- Cadet & Seniors Mixed divisions, players must be 16 years of age by 31st December 2025.
- Senior Mixed Competition, players must be 18+ years old. This ensures safety of play is maintained.
- Intermediate 13/14 divisions, players must be either **13** or **14** years of age by 31<sup>st</sup> December 2025.
- All late registrations must be approved by the grading committee at least **24 hours prior to playing**

To be registered, a player must be on a team registration form or individual registration form verified by the KNA Registrar, Secretary, President, or Fast 5 Season Convenor.

Teams must register a minimum of five (5) players and can register a maximum of ten (10) players.

- Intermediate/Mixed, Cadet and Senior Mixed teams require a minimum of 2 males (if mixed team) to be registered. Allowing for new registrations and de-registrations, teams are limited to ten (10) players.

## Rep Player Rules

Should any Junior/Intermediate/Cadet/Ladies/Senior team wish to enter a team which has more than 3 representative players, no more than 2 representative players are permitted to take the court at any one time. There is no restriction as to the number of representative players registered.

A representative player is deemed to be anyone from a 2024 team in the representative program at any association. Later selection into a representative program team will not then affect the makeup of the team.

## Late Player Registrations

Players registering in a team more than one Grade below the most recently played in, must seek clearance from the KNA Grading Convenor/Committee and the KNA Fast 5 Season Registrar. To obtain clearance the Grading Convenor/Committee, please send an email to [knagrad@kna.com.au](mailto:knagrad@kna.com.au) **24 hours in advance** before 5 pm on the day of play. If approval is granted, the email must accompany the fully completed registration form (or in the case of on the day approvals, it will be phoned through to the Fast 5 Season Supervisor by the Grading Convenor). No late registration should enhance the initial grading of that team.

All late registrations must be approved by the Grading Committee.

All late registrations must have KNA grading approval prior to player taking the court.

All late registrations must register before taking the court.

## Competition Rules

### **Game length and timing**

All Fast 5 Season games are 4 x 6-minute quarters with 1 minute between quarters and 3 minutes at half time. No injury time is allowed.

### **Points**

WIN	Win on Forfeit	LOSS	DRAW	BYE	NO GAME*	ABANDONED GAME**
2	2	0	1	1	0	1

\*No Game - Both teams fail to arrive within 5 minutes of the commencement of the game.

**\*\*Abandoned Game - Not played/abandoned before half time due to unplayable conditions.**

All BYE games will be allocated 1 point during this competition.

### **Score sheets**

- Borrowed players **MUST** be noted appropriately. Full name, full grade, full team number AND reason why you are borrowing.
- Scorers must be at least 15 years of age. Scorers must bring their own pens as no shared pens will be available on the afternoon / night.

## **Player Rules for Female & Mixed Competition**

Rules are as follows:

- INTERMEDIATE mixed players may have a combination of boys and girls. Teams must have **a minimum of two (2) males** on the court and **a maximum of three (3) females** allowed on the court at any one time. Five (5) players constitute a team and must take the court on the starting bell. If insufficient players are available, then borrowing of male and female players is allowed – refer to borrowing guidelines.
- CADET/SENIOR MIXED Teams must have **a minimum of two (2) males** on the and **a maximum of three (3) females** allowed on the court at any one time. Five (5) players constitute a team, consisting of **two (2) males** and **three females (3)** minimum and must take the court on the starting bell. If insufficient players are available, then borrowing of male and female players is allowed – refer to borrowing guidelines.

*Please note if a team only has one (1) male and four (4) female players, this does not meet the above mixed netball minimum team requirements to take the court and a forfeit will occur if a second male cannot be borrowed.*

**There can only be one (1) male in 2 of the thirds of the court from a positional perspective:**

**One male in the GS or GA positions (Circle Attack Third)**

**One male in the WA, C, or WD positions (Centre Court Third)**

**One male in the GK or GD positions (Circle Defence Third)**

## **Finals Series**

There **is no finals series** during 2025 Fast 5 Season with all grade winners being declared as **'first past the post'**.

## **Wet Weather**

To access wet weather information, please check the KNA website (<http://kna.com.au>) and KNA Facebook page.



## Borrowing Guidelines

### To be provided upon completion of grading

## Forfeits

If all efforts to borrow players fail, a team, through the club contact, MUST advise of an impending team forfeit before the game by email to:

- KNA Fast 5 Supervisor/Convenor
- KNA Spring Season Registrar – Tanya Sinclair @ [knareg@kna.com.au](mailto:knareg@kna.com.au)

All team managers will be provided with contact details of the opposing teams.

Where a team attends the court and cannot field five players the opposition may claim a forfeit 5 minutes after the bell rings to commence the game. Note that second and third forfeits will attract a financial penalty as an incentive to teams to make all efforts to play.

## Umpires

- Umpires will be supplied by KNA.

## Post Padding

Teams playing the first timeslot are required to collect post pads from the shed and put them in place. Games will not commence until this has been completed. Teams playing in the last timeslot are required to remove the padding from the posts and place them in the shed as indicated by the Spring Season Supervisor.

## Uniforms

- Mixed and Junior Competition teams - no specific uniform is required, however players should at least attempt to have shirts of similar colours
- No tracksuit pants or shoelaces that do not tie up
- Girls may play in bike pants or shorts
- Bibs need to be of the same colour
- For safety reasons, cargo shorts must not have any additional zips or adornments
- No sharp adornment or item of jewellery, except a (taped) plain wedding ring or medical bracelet shall be worn
- Fingernails must be short and smooth – no taping allowed

## Penalties

**Penalty (i)** - Loss of one (1) point from aggregate score

- The score sheet is not completed as required

**Penalty (ii)** - Loss of two (2) points from aggregate score

- Scoresheets not lodged via Q Code on the back of the scoresheet on the afternoon / night of the play

**Penalty (iii)** - Match points to be awarded to opposing team and all goals to stand

- Losing team has two (2) points deducted from its aggregate score
- Playing an unregistered player
- Playing, an unapproved by Grading Committee, player registered in a higher division
- Registering a player without the approval of the KNA Grading Committee
- Registering more than twelve (10) players at the same time
- Exceeding the team limit of fourteen (10) players, allowing for new registrations and de-registrations

### Team Fines

- The following fines apply to the spring competition.
- 2nd Forfeit \$ 20
- 3rd & Subsequent Forfeits \$ 50

### Code of Behaviour for players and parents

- Play by the rules
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition
- Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you
- Be a good sport. Applaud all good plays whether they are by your team, opponent, or the other team
- Treat all players as you would like to be treated. Do not interfere with, bully, or take unfair advantage of another player
- Cooperate with your coach, teammates, and opponents. Without them there would be no competition
- Place in proper perspective any isolated incidents of unsporting behaviour rather than make them the highlight of the event

**Council does not allow dogs to be at or around the netball courts.**

**Please ensure that you follow these guidelines otherwise Council could fine you.**